



Dr. Tina Meisami

Health

Dr. Tina Meisami is an oral and maxillofacial surgeon with a long-standing commitment to helping improve the lives of women. In 2010, she founded the Dr. Borna Meisami Commemorative Foundation, along with four women dentists, in memory of her brother who was a compassionate Orthopaedic Surgeon. The Foundation administers 'Restoring Smiles,' a program offering free dental and oro-facial reconstructive services to women living in shelters or supportive housing who have experienced gender-based violence. Given the tremendous need for women's health services, and the commitment of its volunteer doctors, the Foundation has expanded to offer two additional programs namely 'Restoring Sleep' for treatment of Sleep Breathing Disorders and 'Restoring Strength' for Orthopaedic, Physiotherapy and Rehabilitative services.

Led by Tina's vision and commitment, over 40 dentist, physicians, and specialists now donate their time and services to 'Restoring Smiles,' 'Restoring Sleep,' and 'Restoring Strength.' The foundation has provided nearly \$1,000,000 of free treatment to help women regain not only their physical health, but also emotional and mental health as they continue on their journey to full healing and recovery.

Throughout her illustrious career, Tina has broken down barriers in the field of surgery. She is the first woman maxillofacial surgeon in Canada to subspecialize in the treatment of obstructive sleep apnea. Tina is currently an active staff surgeon at North York General Hospital where she provides treatment for facial deformities and sleep-disordered breathing. In addition, she is the Director of Dental Sleep Medicine at the University Health Network's Toronto Rehab Institute, Division of Dentistry. She also maintains a private practice at Yorkville Oral and Maxillofacial Surgery where she is the Principal Surgeon.

Tina's leadership does not stop with her patients or the Foundation. She has been a dedicated mentor to women students and a teacher in the field of oral and maxillofacial surgery for 18 years, creating meaningful opportunities and breaking down barriers for women in male-dominated fields.

By using her expertise, emphasizing self-confidence and prioritizing patient care, Tina is helping women achieve brighter futures in a tangible way.